

Amazing Health Retreats in Siem Reap 4 days

Indulge in a transformative journey of well-being with our "Amazing Health Retreats in Siem Reap" tour, a 4-day escape designed to rejuvenate your mind, body, and spirit. Nestled in the heart of Cambodia's cultural gem, Siem Reap, this exclusive retreat seamlessly blends the richness of local heritage with holistic wellness practices. Do yourself a favor and rejoice in the wellness of this 4-day health retreat in Siem Reap tour to let your hair down after hectic working days!

- **Durations:** 4 days
- **Trip outline:** Siem Reap - Angkor Wat
- **Price from:** US \$452/person
- **Tour inquiry:** <https://bestratetours.com/cambodia-tours/amazing-health-retreats-in-siem-reap-4-days>

Trip outline

day	Activities	Accommodations	Meals
Day 1	Siem Reap Arrival	Hotel in Siem Reap	NA
Day 2	Siem Reap Delight Full Day Exploration	Hotel in Siem Reap	Breakfast, Lunch
Day 3	Siem Reap - Yoga Class	Hotel in Siem Reap	Breakfast
Day 4	Siem Reap - Departure	NA	Breakfast

Itinerary

Day 1: Siem Reap Arrival

Upon your arrival in Siem Reap, you'll be warmly welcomed and transferred to your selected health retreat accommodation. Check in and settle into the serene surroundings that will be your haven for the next few days.

Overnight stay at Siem Reap and enjoy your leisure time.

Meals: NA

Accommodation: Hotel in Siem Reap

Day 2: Siem Reap Delight Full Day Exploration

Morning

Embark on a captivating exploration as you journey to the **South Gate**, the first attraction is the maleficent [Angkor Thom](#) complex.

You are allowed to experience an elephant ride within 15 - 20 minutes along the way to the **Bayon temple**, unveiling the distinctive architecture of this ancient site, characterized by numerous enigmatic stone faces carved into the temple's towers.

Heading towards the north, **Royal Enclosure** would be easily recognized by its square-shaped walls. Inside this walled area, there are various structures, including ponds, gates, and a raised platform that was likely used for royal ceremonies.

Continuing your odyssey through the center of the complex, we meet a pyramid-shaped temple - **Phimeanakas**. The temple is relatively small compared to some of the other structures in the Angkor complex, but it has distinctive architectural features.

There are the **Elephant Terrace** and **Leper King Terrace** which stand next to each other. Despite close proximity to each other and sharing a royal and ceremonial context, they serve different purposes and exhibit different architectural styles

Our sightseeing tour will conclude with a visit to the enchanting jungle temple, [Ta Prohm](#). The temple's appearance in the blockbuster film "Tomb Raider" contributed to its popularity and recognition nowadays.

Afterward, a satisfying lunch awaits passengers at a local restaurant.

Afternoon

Delve into the architectural marvel of [Angkor Wat](#), a UNESCO-listed 7th world heritage site. Absorb the historical significance and intricate craftsmanship of this iconic temple.

Following this enriching exploration, retreat to your hotel for a well-deserved moment of relaxation, allowing the day's discoveries to settle in.



Angkor Wat A UNESCO World Heritage Site

Meals: Breakfast, Lunch

Accommodation: Hotel in Siem Reap

Day 3: Siem Reap - Yoga Class

Awakening your senses with a nutrient-packed breakfast fuels your day, setting the stage for a day focused on holistic well-being.

Today's schedule is a full day package Yoga session which is perfectly introduced to Navutu's wellness offerings.

Package Included:

- 1 organic lunch
- 1 group yoga class
- 1 private yoga class
- 1 pampering spa treatment (choice of Khmer, Thai or Relaxation massage)
- 1 holistic healing treatment (choice of Reiki, Pranayama, Shiatsu or Acupuncture)

NOTE: Please note that the detailed program of the tour may be subject to change. However, we will inform you of any changes and provide you with the best possible alternative options.



Yoga Session At Resort

Meals: Breakfast

Accommodation: Hotel in Siem Reap

Day 4: Siem Reap - Departure

Your departure day starts calmly with breakfast at the hotel.

Then complete your check-out process. And as you bid farewell to Siem Reap, you are free on your own leisure until the time our driver picks you up for a transfer to Siem Reap International Airport for your departure flight.

The tour comes to an end, we trust that your satisfaction equals ours. May you have a balanced and enriching experience throughout your "Amazing Health Retreats in Siem Reap" tour!

Meals: Breakfast

Accommodation: NA

Booking Policy

Inclusion

- Full private A/C vehicle transfer as program.
- Private tour with English speaking tours guide (Except on first day transfer in, and last day transfer out)
- Meals: Daily breakfast at hotel
- All sightseeing entrance fee + Boat fee
- Cold drinking water & wet towel during transfer and program

Exclusion

- Peak season surcharge & compulsory dinner at the hotel (if any)
- Cambodia Visa (above 6 months passport Valid & 3 clear-page require)
- Domestic or international airfare if any
- Personal expenses, tips and gratuities
- Travel insurance
- Accommodations
- Meals: Lunch/Dinner as not stated in the program
- Beverage during meal
- Other services not mentioned above.

Cancellation Policy

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 10% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

Children Policy

- The rate for children applicable for one child sharing a twin or double cabin with two adults
- For infant (<04 years old): FOC except domestic ticket cost
- 04 - 11 years old without bed: 50% adult rate
- 04 - 11 years old with extra bed: 75% adult rate
- 04 - 11 years old in twin share: 90% adult rate

WHY BOOK WITH US?

Best Rate Guaranteed

Offering the BEST RATE package which is worthy of your payment.

Money Back Guaranteed

In case the service we provide is not qualified enough, except for out-of-control situations such as weather conditions. We will investigate your case and will offer the reimbursement once your complaint is rational.

Customizable by local experts

Local consultants with rich of knowledge will give you the most suitable itineraries for you.

BEST RATE TOURS., JSC

No 56, Hàng Đậu Street - Dong Xuan, Hoan Kiem District - Hanoi - Vietnam

Tel: +84 2439949194
+84 911646478

Email: bestratetours@gmail.com Website: <https://bestratetours.com/>